



34th Annual Marriage and Family
Therapy Institute (#86372)

1197 South Lumpkin Street
Athens, Georgia 30602-3603

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34th Annual Marriage and Family Therapy Institute

JANUARY 26, 2018
University of Georgia
Center for Continuing
Education & Hotel



Athens, Georgia

Traumatic and Complicated Loss: Facilitating Healing and Resilience in Couples and Families

Presenter: Froma Walsh, Ph.D.

Agenda:

- | | |
|-----------------|---|
| 8:00--9:00 am | Registration |
| 9:00 - 10:30 am | Facing Death and Loss: Systemic Framework for Practice <ul style="list-style-type: none"> • Advances in Bereavement Theory and Research • Resilience-oriented Systemic Approach |
| 10:30-10:45 am | Break |
| 10:45 -noon | Traumatic and Complicated Losses: Risk and Resilience |
| 12:00-1:00 pm | Lunch (provided) |
| 1:00 - 2:30 | Practice Principles for Healing and Resilience in Couple, Family, and Community Tragedy <ul style="list-style-type: none"> • Video, Case Illustrations, and Discussion |
| 2:30--2:45 | Break |
| 2:45 - 4:00 | Expanding Our Lens: The Human Predicament of Death and Loss and Our Capacity for Resilience <ul style="list-style-type: none"> • Addressing the Spiritual Dimension in Death and Loss • What We Bring to Our Therapeutic Engagement • Reflections |

Learning Objectives:

1. Gain knowledge of research and theory advances on adaptation to loss, traumatic loss, and the treatment of complicated bereavement
2. Learn how to apply a resilience-oriented systemic practice approach with tragic losses in couples and families; and in situations of collective trauma and loss.
3. Gain practice principles, guidelines, and skills to facilitate healing and resilience, drawing on relational, community, cultural, and spiritual resources.

Workshop Description:

The tragic death of a child, parent, spouse, sibling, or loved ones can shatter lives and bonds, reverberating through all relationships. How couples and families deal with death and loss can make the difference for healing and positive adaptation and can yield personal and relational transformation and growth. This workshop presents Dr. Walsh's research-informed, resilience-oriented systemic framework to guide practice with painful end-of-life challenges and complicated bereavement. We'll address relational dynamics and loss situations that heighten distress and risks for long-term individual dysfunction and couple/family breakdown. We'll also discuss collective traumatic losses with major disasters, war and refugee resettlement, community violence, terrorism and mass killings. Practice principles, developed through Dr. Walsh's extensive clinical experience, will be offered for compassionate engagement, attending to suffering, struggle, and the potential for resilience, drawing on relational, community, cultural, and spiritual resources. Practical guidelines, video, and case illustrations will address difficult challenges. We'll discuss issues in our therapeutic engagement, including compassion fatigue and our own loss experience, and highlight ways to help those suffering find meaning and connection to live and love fully beyond loss.

SAVE THIS DATE!

January 25, 2019

35th Annual Marriage &
Family Therapy Institute

Who Should Attend

All professionals dedicated to clinical excellence, including:

- Marriage and Family Therapists
- Counselors
- Clergy
- Psychiatrists
- Psychologists
- Social Workers
- Substance Abuse Counselors
- Youth Workers

Sponsored By

The University of Georgia

Pre-Professional Graduate Certificate Program in Marriage and Family Therapy

College of Family and Consumer Sciences:

- Department of Human Development and FamilScience
- Family Therapy Doctoral Program

School of Social Work

College of Education

Program Planning

Brian A. Glaser, Ph.D., Chair

Jerry E. Gale, Ph.D.

Michael A. Robinson, Ph.D.

Continuing Education Credits

The University of Georgia is Approved Provider #4050 and will grant 5.5 hours for the National Board of Certified Counselors.

The Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists will recognize 5.5 core hours through academic sponsorship by the three specialty areas.

The University of Georgia Center for Continuing Education will award a 0.5 Continuing Education Unit (CEU).

About Your Event

The University of Georgia Center for Continuing Education & Hotel, located on UGA's beautiful, historic campus in Athens, Georgia, is a total living and learning environment, with a 200-room hotel, restaurants, banquet areas, conference rooms, and auditoriums – all under one roof. For more information, visit www.ugahotel.com.

About the Presenter:

Froma Walsh, MSW, PhD, is Co-Founder and Co-Director, Chicago Center for Family Health, and Firestone Professor Emerita, SSA and Department of Psychiatry, University of Chicago. Dr. Walsh is a leading international expert on family resilience, traumatic loss, and complicated bereavement, integrating cultural and spiritual influences in her resilience-oriented practice approach with couples and families. She is a past President, American Family Therapy Academy; past Editor, *Journal of Marital & Family Therapy*; AAMFT Fellow and Approved Supervisor; and recipient of awards from AAMFT, AFTA, APA and others for her distinguished contributions to the field. Recent books include: *Strengthening Family Resilience* (3rd ed., 2016); *Spiritual Resources in Family Therapy* (2nd ed.); *Living Beyond Loss: Death in the Family* (2nd ed., with M. McGoldrick); and *Normal Family Processes: Growing Diversity & Complexity* (4th ed.). Dr. Walsh is a highly regarded speaker and consultant worldwide and an inspiring presenter.

Lodging at the University of Georgia Center for Continuing Education & Hotel

For your convenience, a block of rooms is being held for your event until 5:00 p.m. ET, January 2, 2018. Policies: (1) Tax Exemption – The State of Georgia only allows tax-exempt charges for a payment by a state-issued credit card or check or by a direct bill to a state agency (with a Georgia State Tax Exemption Certificate). (2) Lodging Cancellation – Cancel your reservation by 4:00 p.m. ET the day prior to your scheduled arrival to avoid being charged one night's room and tax. (3) Check-in is 4:00 p.m. ET; checkout is 12:00 p.m. ET. (4) At check-in, you must present your method of payment or a completed credit card authorization form (call 800-884-1381 for a copy, Monday-Friday, 8:00 a.m. to 5:00 p.m. ET).

Special Needs

If you require special services or facilities, contact Nette Penn at nette.penn@georgiacenter.uga.edu by January 19, 2018. Dietary restrictions should be indicated on the registration form.

Travel Information

Athens, Georgia is located about 60 miles northeast of Atlanta. For directions and airport shuttle information, see <http://www.georgiacenter.uga.edu/uga-hotel/contact>. A parking deck is located adjacent to the Center (currently \$10 per night; vehicle height limit, 7 feet). Athens is served by Athens-Ben Epps Airport as well as Hartsfield-Jackson Atlanta International Airport, which is located about 90 minutes southwest of Athens. Scheduled ground shuttle service and rental car services are available between Hartsfield-Jackson and the Georgia Center.

Event Cancellation Policies

(1) A cancellation received by 5:00 p.m. ET on or before January 19, 2018, will be refunded, minus a \$35 processing fee. No refunds will be issued thereafter; substitutions will be allowed. (2) To cancel your registration, call 706-542-7493, Monday through Friday, 8:00 a.m. to 5:00 p.m. ET. (3) If an event is cancelled for any reason, the Georgia Center will not be responsible for any charges related to travel.

Event Registration Form – #86372 34th Annual Marriage and Family Therapy Institute January 26, 2018

Four ways to register:

Web: www.georgiacenter.uga.edu/uga-hotel – Credit Card Only

Fax: 706-542-6465 – Credit Card Only

Mail: **34th Annual Marriage and Family Therapy Institute – #86372**

UGA Center for Continuing Education & Hotel

1197 South Lumpkin Street, Athens, Georgia 30602-3603

Phone: 706-542-7493 – Credit Card Only

(Mon.-Fri. from 8:00 a.m. to 5:00 p.m. ET)

Name – please print or type _____ Preferred name for nametag _____

Birth date (for transcript retrieval) _____

Title/Position _____ Company/Organization employer _____

Business mailing address or home address _____

City _____ State _____ County, if Georgia _____ Zip _____

Home phone _____ Work phone _____ Fax _____

Email _____

Please send me e-mail about University of Georgia continuing education programs. By registering for this event, I agree to comply with all event cancellation policies.

Event Registration

Your registration will not be processed until payment is received.

Marriage and Family Therapy Institute

Early fee paid on/before January 12, 2018 \$120 _____

Fee paid after January 12, 2018 \$150 _____

Early student fee paid on/before January 12, 2018 \$ 75 _____

Student fee paid after January 12, 2018 \$ 95 _____

MTF Certificate students \$50 _____

Early certificate faculty fee paid on/before January 12, 2018 \$100 _____

Certificate faculty fee paid after January 12, 2018 \$120 _____

Total: \$ _____

Please list any dietary restrictions or allergies (check all that apply):

None Vegan Nuts Pork Vegetarian

Dairy Shellfish Gluten/Wheat

Additional Dietary Restrictions: _____

(Kosher meals are not provided)

Method of payment to guarantee event registration

Enclosed is a check payable to *The University of Georgia*.

By credit card:

MasterCard Visa American Express Discover

Card No. _____ Expires _____ / _____

Name on Card _____

Please bill my organization. **A purchase order number must be included to bill all non-UGA companies and organizations.**

Billing Contact Person _____ Phone No. _____

Email _____

Company/Organization _____

UGA Department/Division _____

PO Number _____

Billing Address _____

City _____ State/Zip _____

Hotel Reservation

To request a room at the UGA Hotel, please call 706-542-2134 or 800-884-1381 and reference hotel block code 86372