Agenda:

6:00–9:00 am
Registration

9:00 – 10:30 am
Facing Death and Loss: Systemic Framework for Practice
• Advances in Bereavement Theory and Research
• Resilience-oriented Systemic Approach

10:30-10:45 am Break

10:45 – noon
Traumatic and Complicated Losses: Risk and Resilience

12:00-1:00 pm Lunch (provided)

1:00 – 2:30
Practice Principles for Healing and Resilience in Couple, Family, and Community Tragedy
• Video, Case Illustrations, and Discussion

2:30—2:45 Break

2:45 – 4:00
Expanding Our Lens: The Human Predicament of Death and Loss and Our Capacity for Resilience
• Addressing the Spiritual Dimension in Death and Loss
• What We Bring to Our Therapeutic Engagement
• Reflections

Learning Objectives:

1. Gain knowledge of research and theory advances on adaptation to loss, traumatic loss, and the treatment of complicated bereavement

2. Learn how to apply a resilience-oriented systemic practice approach with tragic losses in couples and families; and in situations of collective trauma and loss.

3. Gain practice principles, guidelines, and skills to facilitate healing and resilience, drawing on relational, community, cultural, and spiritual resources.

Workshop Description:

The tragic death of a child, parent, spouse, sibling, or loved ones can shatter lives and bonds, reverberating through all relationships. How couples and families deal with death and loss can make the difference for healing and positive adaptation and can yield personal and relational transformation and growth.

This workshop presents Dr. Walsh’s research-informed, resilience-oriented systemic framework to guide practice with painful end-of-life challenges and complicated bereavement. We’ll address relational dynamics and loss situations that heighten distress and risks for long-term individual dysfunction and couple/family breakdown. We’ll also discuss collective traumatic losses with major disasters, war and refugee resettlement, community violence, terrorism and mass killings. Practice principles, developed through Dr. Walsh’s extensive clinical experience, will be offered for compassionate engagement, attending to suffering, struggle, and the potential for resilience, drawing on relational, community, cultural, and spiritual resources. Practical guidelines, video, and case illustrations will address difficult challenges.

We’ll discuss issues in our therapeutic engagement, including compassion fatigue and our own loss experience, and highlight ways to help those suffering find meaning and connection to live and love fully beyond loss.
About Your Event

The University of Georgia Center for Continuing Education & Hotel, located on UGA’s beautiful, historic campus in Athens, Georgia, is a total living and learning environment, with a 200-room hotel, restaurants, banquet areas, conference rooms, and auditoriums – all under one roof. For more information, visit www.ugahotel.com.

About the Presenter:

Froma Walsh, MSW, PhD, is Co-Founder and Co-Director, Chicago Center for Family Health, and Firestone Professor Emerita, SSA and Department of Psychiatry, University of Chicago. Dr. Walsh is a leading international expert on family resilience, traumatic loss, and complicated bereavement, integrating cultural and spiritual influences in her resilience-oriented practice approach with couples and families. She is a past President, American Family Therapy Academy; past Editor, Journal of Marital & Family Therapy; AAMFT Fellow and Approved Supervisor; and recipient of awards from AAMFT, AFTA, APA and others for her distinguished contributions to the field. Recent books include: Strengthening Family Resilience (3rd ed., 2016); Spiritual Resources in Family Therapy (2nd. ed.); Froma Walsh (Kosher meals are not provided)

 Lodging at the University of Georgia Center for Continuing Education & Hotel

For your convenience, a block of rooms is being held for your event until 5:00 p.m. ET, January 2, 2018. Policies: (1) Tax Exemption – The State of Georgia only allows tax-exempt charges for a payment by a state-issued credit card or check or by a direct bill to a state agency (with a Georgia State Tax Exemption Certificate). (2) Lodging Cancellation – Cancel your reservation by 4:00 p.m. ET the day prior to your scheduled arrival to avoid being charged one night’s room and tax. (3) Check-in is 4:00 p.m. ET; checkout is 12:00 p.m. ET. (4) As check-in, you must present your method of payment or a completed credit card authorization form (call 800-884-1381 for a copy. Monday-Friday, 8:00 a.m. to 5:00 p.m. ET).

Special Needs

If you require special services or facilities, contact Nette Penn at nnette.penn@georgiacenter.uga.edu by January 19, 2018. Dietary restrictions should be indicated on the registration form.

Travel Information

Athens, Georgia is located about 60 miles northeast of Atlanta. For directions and airport shuttle information, see http://www.georgiacenter.uga.edu/uga-hotel/contact. A parking deck is located adjacent to the Center (currently $10 per night; vehicle height limit, 7 feet). Athens is served by Athens-Ben Epps Airport as well as Hartsfield-Jackson Atlanta International Airport, which is located about 90 minutes southwest of Athens. Scheduled ground shuttle service and rental car services are available between Hartsfield-Jackson and the Georgia Center.

Event Cancellation Policies

(1) A cancellation received by 5:00 p.m. ET on or before January 19, 2018, will be refunded, minus a $35 processing fee. No refunds will be issued thereafter. Substitutions will be allowed. (2) To cancel your registration, call 706-542-7493, Monday through Friday, 8:00 a.m. to 5:00 p.m. ET. (3) If an event is cancelled for any reason, the Georgia Center will not be responsible for any charges related to travel.